



*My* BREAST CANCER *Doc*

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## CARING FOR YOUR JP DRAIN

The JP Drain removes fluid from around your incision. This helps prevent infection. You need to empty the drain 3 times a day and record the information on the drain record sheet (attached). Stripping the drain tube decreases the incidence of blood clots in the tube.

**What you'll need:** Disposable gloves (optional)

Measuring cup

Drain record sheet

Empty the bulb

- Put on disposable gloves, if needed.
- Point the top of the bulb away from you and remove the stopper.
- Turn the bulb upside down over a measuring cup. Squeeze the fluid into the cup. Make sure the bulb is totally empty.
- Record the amount of fluid in the cup. Then empty the cup as directed. Empty 3 times daily.
- Clean the top of the bulb with an alcohol wipe if necessary.
- Squeeze the bulb tight to let all the air out. Keep the bulb squeezed and put the stopper back on the top.

Call your Doctor if you notice any of these changes:

- The amount of fluid increases or decreases suddenly.
- The color, odor, or thickness of the fluid changes.
- The tube falls out or the incision opens.
- The skin around the drain is red, swollen, painful, or seeping pus.
- You have a fever 101 degrees or higher

**YouTube search:**

**CARE OF YOUR JACKSON PRATT DRAIN**

Or follow the link below or scan this QR code for direct link

<https://www.youtube.com/watch?v=xDv1D2c8eLY>



