



My BREAST CANCER *Doc*

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Chemotherapy Port Post-Operative Instructions

You may have had this surgery before your cancer surgery or after your cancer surgery was already performed.

Medications and Pain management:

You should resume all your medications unless otherwise informed. You should avoid Motrin/Ibuprofen for one week. You may start with Tylenol for mild pain and take the prescribed pain medications if you require further relief.

Dressings:

You may remove your outer dressing 72 hours after surgery but leave the underlying steristrips in place. You may shower 72 hours after surgery. Try to avoid direct contact of the shower stream with your incision.

Your port can be used immediately after placement.

You may feel some twinges of pain and discomfort in your upper chest and neck for the first several days after surgery. This is normal.

Call Dr. Schwartz immediately if you experience any of the following:

- Excessive pain
- Shortness of breath
- Bleeding
- Redness at the incision site or pus drainage from incision
- Spreading, bright pink discoloration
- Fever over 101.5° F